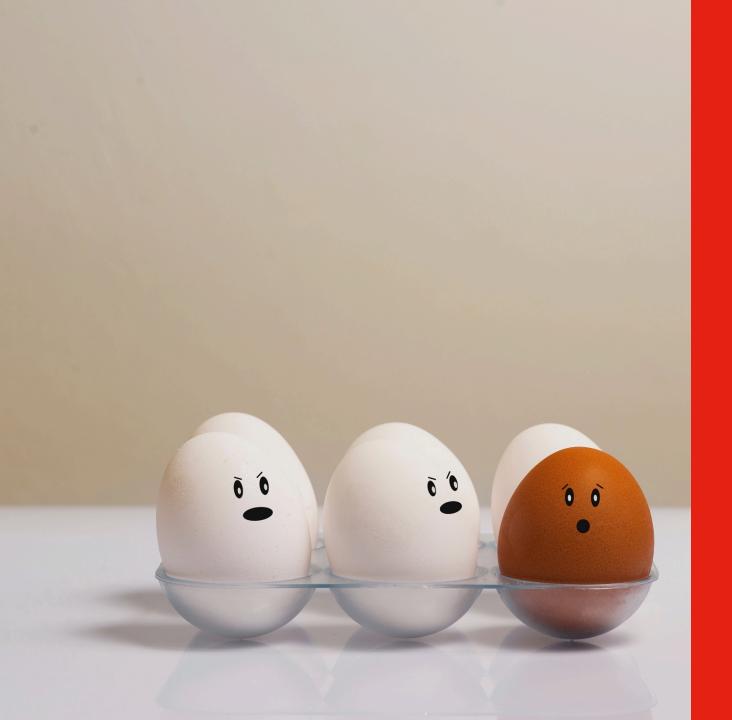
Secrets

Of connecting

Years

Face To Face





1. We Are All Different

...But we all have the same 5 Senses





2. The 'Map' we make as we grow up, is not the same as our parents 'Map' or Our Colleagues Maps

...but we all follow our Map, and Respond to our 'Map'.



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3. Words we use don't mean the same thing to different people.

....context is more important. It's not what you say, it's how you say it.





4. We all experience. But our experience is not the same.

...so we must consider the way our mind and our body interacts.





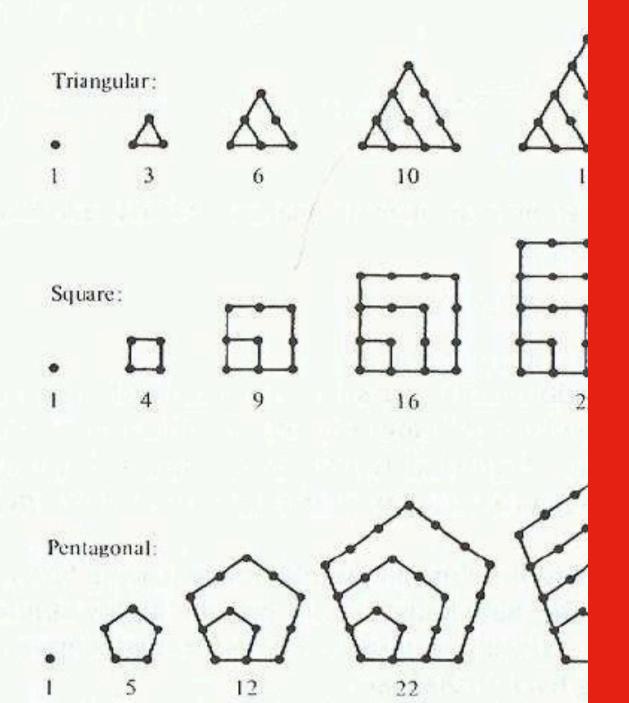
5. Some of us learn by seeing. Some by hearing. Some by doing.

...but we can all learn skills through repetition, muscle memory, and practice.

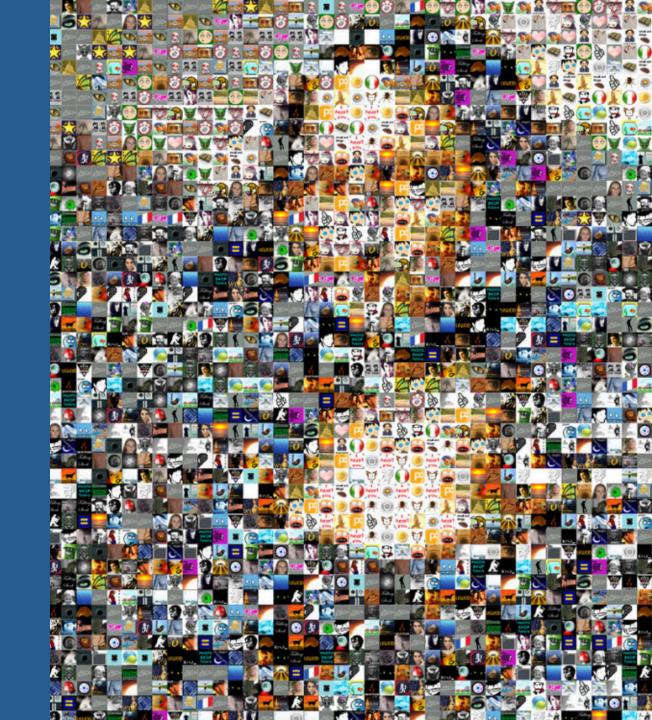


6. Patterns and sequence are underrated. There are only 10 numerals. The alphabet only has 26 letters.

"There's all these books out there and they all have the same 26 letters. \$15 or \$20 and all I get are the same 26 letters over and over. I'm getting ripped off!" Richard Bandler



...But sequencing the letters the right way creates the right words and sequencing the right words creates a masterpiece.





7. We all have a different model of the world in our minds.

... but when we respect each person's model of the world we connect.





8. We stereotype people, cultures and generations by the behaviors they produce.

...but people are more than the behaviors they produce. People have the ability to change at any time.

What you DO and what you ARE are two different things.





9. Our behaviors sometimes do not match our situations.

A person may start shaking with fear and sweating when they need to make a presentation. That fear may be appropriate just not in that situation. Maybe if a person held him up at gunpoint it would be natural to have fear. Fear is good in a certain context.

...but every behavior has utility and usefulness in some context. All behavior functions from positive intentions.





10. Even if we don't say a word, our internal thought processes effect our body in such a way that our message gets out.

...so we cannot NOT communicate. Not matter how we try.

This is how lie detectors know we are lying.





11. When we say the same thing, in different tonalities, voice tempos, tones and it will mean something different.

...The way we communicate affects perception and reception.

Change the way you stand, change the focus of your eyes, and change your posture all change the way your are seen, heard, understood.





12. We often do not get the response we want from our communication.

...so the only way to understand meaning of your communication lies in the response you get back.

We have to keep shifting and changing the way we communicate until we get the response we want.





13. Without framing context, we cannot control the message and the response.

"The sun has a beautiful red color to it as it's setting tonight. (frame) Let's take a walk on the beach"

Or

"It's going to be too dark when we get there (new frame-Dark is not good)"



Seductive voice

"Well that will be nice. That way no one can see what I'm going to do to you once we get there" (reframe-Dark is good)



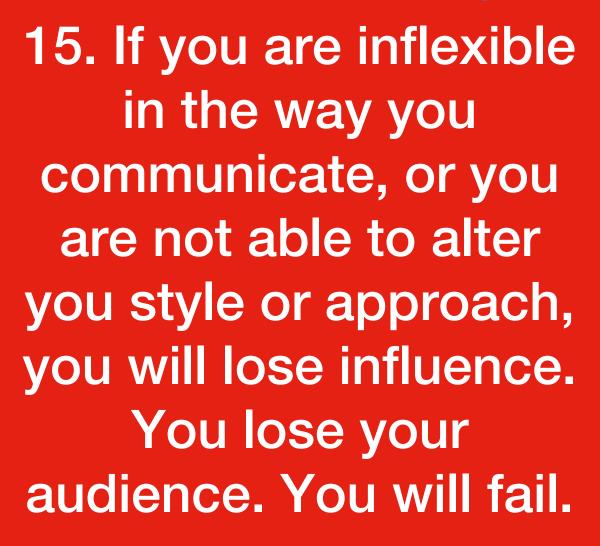


14. A failure to communicate can happen if you put a time limit on when you end the communication.

...but if you continually alter your behavior until you get the result you want, you cannot fail.









...but if you are the one with the most flexibility, you will exercise more choices and therefore have more ability to influence. You will succeed.





16. Resistance indicates a lack of rapport. Resistance can be verbal or non verbal. To influence is step one. To gain a commitment you need rapport.

...but with the proper amount of rapport you can convince someone to do almost anything.





17. People often feel they cannot. They feel they lack something. They feel helpless.

...but actually people have all the internal resources they need to succeed.

All people have the same set of antennae and the same nervous system to interpret signals. We have everything we need to deal effectively in the world.







18. Many people feel learning skills take time and effort.

...but in fact humans can learn anything, instantly, through association if in the right state of mind.





19. Not everyone makes the same choice. And not every choice is the right choice from every person.

...but everyone makes the best choices they can from their current map or model of the world.





20. Poor communication drives toward less choice.

..but all communication should increase choice not decrease choice.

The action should result in a choice. Nobody wants to be sold anything. But everyone wants to BUY.





the secret

Understand that face to face communication is all about how you put Neural Linguistic Programming in to action.